Practice Test 6

أسئلة موضوعية بدرجة واحدة:

Choose the correct answer from a, b, c or d:

1-A balanced diet is very……. for our health.

a. beneficial
b. benefit
c. beneficence
d. benefitted

2- Many …… products, such as cleaning items, have become more expensive lately.

a. outdoor
b. office
c. travel
d. household

3- Falling in the street was the most…….. situation I have faced.

a. lively
b. mortifying
c. surprising
d. cheerful

4- The previous ……. in Japan was famous for its beautiful art and strong rulers.

a. dynasty
b. country
c. state
d. continent

5- When I laughed too much, I got a stitch in my side. This means that I felt a…….

a. line of sewing
b. sudden pain
c. type of fabric
d. small scar

6- It's important to …….. friendships even when life gets busy.

a. create
b. improve
c. maintain

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d. protest

7- The marketing team had to ……. of workload after two members resigned.

a. hand over
b. bear the brunt
c. take a break
d. make excuses

8- You can always…….. on your friends in times of need.

a. rely
b. keep
c. focus
d. go

9 - Five hundred pounds……. too much for this pair of shoes.

a- are
b- have been
c- were
d- is

10- Lara got low marks; she ……. have joined the faculty she wanted.

a- shouldn't
b- must
c- might
d- couldn't

11- Students will have a break after they have finished ……their test.

a- to do
b- doing
c- to doing
d- done

<u>Read the following passage, then choose the correct answer from a, b, c or d:</u>

Sleep is one of the body's most essential functions, yet it remains one of the least understood. For centuries, scientists believed that sleep was simply a passive state of rest. However, recent research has revealed that while the body may appear still, the brain is surprisingly active. During sleep, it processes memories, regulates hormones, and repairs tissues- all critical functions for mental and physical health.

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The human sleep cycle is divided into several stages, including light sleep, deep sleep, and REM (Rapid Eye Movement) sleep. Each stage plays a unique role: deep sleep helps the body recover physically, while REM sleep supports learning and emotional balance. People who lack enough REM sleep often struggle with focus, mood swings, and poor memory.

During our lifetime, we probably spend 25 years or more sleeping. But why? What is the purpose of sleep? Some scientists think we sleep in order to replenish brain cells. Other scientists think that sleep helps the body to grow and to relieve stress.

Technology, stress, and modern lifestyles have significantly disrupted natural sleep patterns. Blue light from screens delays the release of melatonin — the hormone responsible for making us sleepy. Scientists recommend turning off electronic devices at least one hour before bed and maintaining a consistent bedtime routine.
Sleep is not a luxury; it's a biological necessity. Understanding its complexity allows us to appreciate that a good night's sleep is as vital as proper nutrition or exercise.

12- The main idea of the passage is that sleep…….

a. is a simple rest period with minimal activity in the body and brain
b. is an active and essential biological process vital for physical, mental, and emotional health
c. is not necessary for overall health
d. has no connection to brain activity

13- According to the passage, the writer mainly discusses……

a. dreams and their meanings
b. the stages and importance of sleep
c. modern technology
d. the causes of stress and sleeplessness

14- Which of the following summarizes the third paragraph?

a. Scientists suggest different reasons why people need sleep
b. Sleep is mainly important for dreaming and imagination
c. Modern life makes it easy for people to get enough sleep
d. Scientists still know nothing about sleep

15-REM' sleep mainly supports……..

a. Physical recovery and tissue repair
b. Emotional and mental balance
c. Improved blood circulation

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d. Muscle strength and growth

16- According to the passage, we can infer that people who use screens before bed …

a. enjoy deeper and longer sleep
b. are likely to fall asleep more easily
c. may experience sleep problems
d. produce higher levels of melatonin

17- If someone lacks sleep, they ……

a. will have sharper memory
b. may suffer from stress and poor focus
c. will become more energetic during the day
d. may completely stop dreaming

18- In spite of the importance of having enough sleep, ……... .

a. being awake all the time is very healthy
b. scientists think sleep only helps body grow
c. dreams have great influence on our lifestyle
d. stress and modern life styles have negative effect on it

19- How does the writer feel about sleep?

a. It's unimportant. It is just a part of peoples' daily routine.
b. It is sometimes less important than work or study
c. It's a vital and biological need.
d. It's a temporary escape from daily stress and a waste of time.

<u>Read the following passage, then answer the questions from a, b, c or d:</u>

It was a cold January morning when Maya stood at the edge of the old bridge, staring at the river below. She had returned to her hometown after ten long years. She was doing her post graduate studies in London. Everything looked smaller now—the trees, the houses, even the bridge where she and her best friend, Hana, used to spend hours talking about their dreams. But Hana was gone. The accident had taken her life a week after Maya left for college.

Maya had never forgiven herself for not being there. She had thrown herself into work, pretending that success could fill the empty space inside her. Yet, every achievement reminded her of the promise she'd broken—to come back and visit Hana before winter.

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As she walked across the bridge, she felt the wind brush against her face, carrying the faint scent of pine trees. For the first time in years, she didn't rush. She stopped in the middle, closed her eyes, and whispered, "I'm sorry."

Suddenly, a soft drizzle began to fall. Maya smiled through her tears. It was as if the town itself was forgiving her, washing away the guilt she had carried for so long. She realized she couldn't change the past, but she could honor Hana's memory by living fully again. When she finally turned to leave, the sun broke through the clouds, lighting the river with golden reflections. Maya felt more relaxed than she had in years—free at last.

20- The main idea of the passage is that Maya …….

a. learns to forgive herself and find peace through friendship and memory
b. feels lost after returning to her hometown and remembering her friends
c. regrets leaving her friend and feels sad all her life
d. recalls her friendship and realizes that healing takes time

21. Where did the story mainly take place?

a. In Maya's office in London.
b. In a hospital after the accident.
c. At the old bridge in Maya's hometown.
d. In a classroom at a college.

22. Which of the following sentences summarizes the third paragraph?

a. Maya returns home and finds a new job.
b. Maya visits her friend to ask for advice.
c. Maya plans to leave her town forever.
d. Maya faces her guilt and finds peace.

23. In the story, the bridge symbolizes a/an…….

a. physical distance between two cities
b. connection between past and present
c. dangerous place filled with memories
d. quiet spot Maya often visited

24. Maya feels relaxed at the end of the story; this infers that Maya…….

a. decided to move away
b. forgave herself and let go of guilt
c. met someone who helped her to forget the past
d. returned to her hometown after many years

25. After this visit, Maya is likely to ……

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a. forget her past completely
b. stop working and stay home
c. live more meaningfully and appreciate life
d. leave her hometown and return to London

26. In your opinion, there is a conflict in the story between Maya and ……...

a. herself
b. nature
c. her family
d. Hana

27. According to the passage, how does Maya's emotional state evolve from the beginning to the end?

a. from anger to calmness
b. from pride to fear
c. from sadness to despair
d. from guilt to inner peace

أسئلة موضوعية بدرجتين:

Choose the correct answer from a, b, c or d:

28- He asked me when I'd be ready for the journey to France.
Which of the following is the direct form for the above reported sentence?

a. He said to me, "When you'll be ready for the journey to France?"
b. He said to me, "When will you be ready for the journey to France?"
c. He said to me, "When have you been ready for the journey to France?"
d. He said to me, "When will he be ready for the journey to France?"

29- Your mobile ……by next Friday.

a. will have fixed
b. is going to be fixed
c. is going to fix
d. will have been fixed

30 – If he had worked harder, he ……in a better position.

a. will have been
b. will be
c. would have been
d. could be

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31- Which sentence is grammatically correct to express a habit in the past?

a. I wouldn't work for ten hours a day.
b. I don't use to work hard in the past.
c. I get used to working for the company.
d. I'm used to working for ten hours a day.

32- …….. his homework, Adam went to the club.

a. Been finishing
b. Had finished
c. Having finished
d. Would finish

33- She ……. …… to clean the house yesterday.

a. got the maid
b. had been
c. has the maid
d. got

34- I just wish I ……. harder this year. I really didn't work hard.

a. had worked
b. work
c. worked
d. could work

35- A good blog post should include…….

a. images without text
b. a catchy title
c. biographies
d. a list of laws

Choose the correct Arabic translation from a, b, c or d:

36- Coral reefs, which are often called the rainforests of the sea, support countless marine species. Their delicate ecosystems face severe threats from climate change and human activities.

a. تعرف الشعاب المرجانية باسم "غابات البحر المطيرة"، اذ تدعم عددا لا يحصى من الكائنات البحرية . فان أنظمتها البيئية الهشة تواجه تهديدات خطيرة نتيجة التغيرات المناخية والنشاط البشرى .
b. تعرف الشعاب المرجانية باسم "غابات البحر الجافة"، اذ تدعم عددا لا يحصى من الكائنات البحرية . الانظمه البيئية الهشة تواجه تحديات خطيرة نتيجة التغيرات المناخية والنشاط البشرى .

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c. تعرف الشعاب المرجانية باسم "غابات البحر المطيرة"، اذ تدعم عددا ضئيلا من الكائنات البحرية . الانظمه البيئية الهشة تواجه تهديدات خطيرة نتيجة التغيرات المناخية والنشاط البرى .
d. تعرف الشعاب المرجانية باسم "غابات البحر المطيرة"، اذ تدعم عددا لا يحصى من الكائنات البحرية . الانظمه البيئية الحجرية تواجه تهديدات خطيرة نتيجة التغيرات المناخية والنشاط البحرى.

37-Countries try hard to preserve the environment. Man's activities have caused natural disasters as the global warming and the climate change, which threaten our lives.

a. تحاول الدول المحافظة على البيئة. فنشاط الرجل سبب الكوارث مثل الدفء العالمى وتغير المناخ الذى يهدد عالمنا.
b. تحاول الدول جاهدة المحافظة على البيئة. وقد تسبب أنشطة الانسان الكوارث مثل الاحتباس الحرارى وتغير المناخ الذى يهدد أن نعيش.
c. تحاول الدول جاهدة المحافظة على البيئة. وقد تسبب النشاط الانسانى فى الكوارث الطبيعية مثل الاحتباس الحرارى وتغير المناخ الذى يهدد حياتنا.
d. تحاول الدول بصعوبة المحافظة على البيئة. وقد تسبب النشاط الانسانى فى الكوارث الطبيعية مثل الدفء العالمى وتغير المناخ الذى يهدد حياتنا.

Choose the correct English translation from a, b, c or d:

38- لقد اصبحت التجارة الالكترونية عملية سهلة حيث شجعت الكثير من الناس على الشراء والبيع الكترونيا مما يوفر الوقت والجهد بالاضافة انها تخلق مجالا تنافسيا يفيد المستهلك.

a. E-commerce has become an easy process. It has encouraged people to buy and trade electronically. As a result, it saves time and effort, in addition to creating a competitive environment that benefits the consumer.
b. E-commerce has became an easy process. It has encouraged people to buy and sell electronically. As a result, it saves time and effort, in addition to create a competitive field that benefits the consumer.
c. E-commerce has become an easy process. It has encouraged people to buy and sell electronically. As a result, it saves time and effort, in addition to creating a competitive field that benefits the consumer.
d. E-commerce has become an easy process. It has encouraged people trade and sell electronic. As a result, it saves time and effort, in addition to creating a competitive field that benefits the consumer.

39- أصبح المتحف المصري الكبير رمزًا للهوية الثقافية الحديثة، إذ يجمع بين العمارة المعاصرة والروح الفرعونية في تجربة فنية مبهرة .كما انه يهدف الى الحفاظ على الحضارة المصرية من خلال المعارض المبتكرة والتكنولوجيا المتقدمة.

a. The Grand Egyptian Museum has become a symbol of modern cultural identity, combining contemporary architecture with Pharaonic spirit in an artistic experience. It also aims to preserve the Egyptian civilization through innovative exhibitions and advanced technology.

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b. The Grand Egyptian Museum has become a symbol of traditional culture identity, combining classical architecture with Roman spirit in an artistic experience. It also aims to preserve the Egyptian civilization through innovative exhibitions and advanced technology.

c. The Grand Egyptian Museum has become a sign of modern cultural identity, combining traditional architecture with Pharaos spirit in an artistic experience. It also aims to preserve the Egyptian civilization through innovative exhibitions and new technology.

d. The Grand Egyptian Museum have become a symbol of modern cultural identity, combining contemporary architecture with Pharaonic souls in an artistic experience. It also aims to preserve the Egyptian civilization through innovative exhibitions and advanced technology.

أسئلة مقالية بدرجتين:

Answer the following questions:

40- Edmond's bright future, including forthcoming marriage and being a ship captain slipped into darkness. Explain giving two examples.

……

……

……

……

41- Why did Faria share the secret of the treasure with Edmond and how did the treasure change Edmond's life?

……

……

……

……

أسئلة مقالية بخمس درجات

42- Write a paragraph of SIX (6) lines on the following topic:

"Three practical tips on how to prevent bullying among students"

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